

BUILDING MAINTENANCE (VIRTUAL)



PURPOSE

To evaluate each contestant's preparation for employment and to recognize outstanding students in the field of building maintenance.

First, download and review the General Regulations at: <http://updates.skillsusa.org>.

ELIGIBILITY

Open to active SkillsUSA members enrolled in career and technical programs with entry-level job skills as the occupational objective. A letter from the appropriate school official on school letterhead stating that the contestant is classified under the provisions of Public Law 105-17, Individuals with Disabilities Education Act, 1997, is required for participation. State associations having restrictions on the release of this information may submit a letter of eligibility on school letterhead that simply states: "I certify that (student name) meets the eligibility requirements for the SkillsUSA Championships Building Maintenance contest. Signed (school official)." The eligibility letter is to be presented to the contest chair at the contestant orientation meeting.

CLOTHING REQUIREMENT

Class C: Contest Specific — Manufacturing/Construction Khaki Attire

- Official SkillsUSA khaki short-sleeve work shirt and pants
- Black, brown or tan leather work shoes

Contest Clothing Notes (Apply ONLY to Virtual Competitions):

- Official SkillsUSA Competition Clothing recommended but NOT required.
- Contestant clothing options include the following:
 - Official Competition Clothing.
 - Trade Appropriate Clothing.
 - Professional Dress.
 - Business Casual.

- Clothing must meet industry safety standards.
- No identification of the contestant, school or state is allowed on clothing.
- No offensive, vulgar or inappropriate images or text are allowed on contestants clothing.
- No shorts or sleeveless shirts are allowed.
- Skirts must be at least knee-length.
- Proper Personal Protective Equipment (PPE) must be worn by contestant to meet all state, local and school requirements due to COVID-19.
- Scoring deductions may only be given and/or disqualification of contestant if clothing safety standards are not met.

Note: Safety glasses must have side shields or goggles (prescription glasses may be used only if they are equipped with side shields. If not, they must be covered with goggles).

These regulations refer to clothing items that are pictured and described at: www.skillsusastore.org. If you have questions about clothing or other logo items, call 1-888-501-2183.

EQUIPMENT AND MATERIALS

Supplied by the contestant:

1. Computer with high-speed internet capability and camera to use applications such as Zoom, Teams, etc. The minimum recommended internet bandwidth speeds for joining Zoom meetings, accessing on-demand curriculum and other online operations is 2.0 Mbps up and down. You can test your current internet speeds by following this link: www.speedtest.net. Allow the page to load and click on GO.
2. A secondary camera(s) may be required to provide judges with the ability to view contestants from different angles. Additional camera requirements will be located on the SkillsUSA website at <http://updates.skillsusa.org>.
3. A contest Proctor will be required to be on site to assist judges. A local industry expert is preferred to serve as the Proctor and shall not be an individual that has been involved with the training of the contestant(s). The Proctor will serve as the

onsite “hands and eyes” for the judges. Proctor will follow instructions from the judges for safety and operations related to the competition. Proctor may be asked by judges to perform several tasks such as operating a portable camera to show specific components or steps, measure parts, or any task that will provide judges with information needed to assist in accurate scoring of the contestant’s work or presentation. However, the Proctor shall not serve as a judge nor have any influence on contestant scores.

4. The contestant’s instructor or advisor shall be on site to observe all competition activities to ensure a safe and healthy competition experience for all participants. That instructor or advisor will not be allowed to interact or interfere with the competitor unless a safety issue arises that requires interaction. Any other support or interaction between the contestant and the instructor/advisor will result in disqualification.
5. All competitors must create a one-page résumé and submit an electronic copy to the technical committee chair at least seven (7) days in advance of the competition. Failure to do so will result in a 10-point penalty. Instructions for submission of the electronic résumé copy will be provided on the SkillsUSA website at <http://updates.skillsusa.org>.
6. One pair of plastic or rubber gloves with three-quarter sleeves
7. Hearing protection devices

Note: Your contest may also require a hard copy of your résumé as part of the actual contest. Check the Contest Guidelines and/or the updates page on the SkillsUSA website: <http://updates.skillsusa.org>.

SCOPE OF THE CONTEST

Contestants may be asked to provide an oral explanation of a procedure or to answer a question, but there will be no written test.

Knowledge Performance

The contest does not require a written knowledge test. Contestants will need basic knowledge of cleaning and maintenance, safety

and customer service for the skill performance activities.

Skill Performance

The contest will ask participants to demonstrate their ability to perform tasks selected from the following list of competencies as determined by the SkillsUSA Championships technical committee.

The contest areas may include, but are not limited to: carpet care, office cleaning, floor care and liquid measurement.

Contest Guidelines

1. Contestants may be asked to provide an oral explanation of a procedure or to answer a question.
2. Careful instruction and explanation of all tasks to be completed will be given to each contestant in both oral and written form to ensure that each contestant fully understands the assigned task.
3. Time limits will be assigned for each task, but no bonus points will be awarded for early completion.
4. The judging criteria and points assigned will be determined by the difficulty of the tasks assigned.

Standards and Competencies

Note for Virtual Competitions: Contestants may not be required to perform all the standards and competencies listed in this section. However, contestants should be prepared to perform components in all areas. Prior to the competition, the technical committee may determine which standards and competencies contestants will be perform for the virtual contests. The technical committee will determine if additional information is needed for contestants prior to the competition. These changes will be posted on the SkillsUSA Championships contest update website at: <http://updates.skillsusa.org>.

BLMT 1.0 — Apply knowledge of proper floor maintenance and floor maintenance machinery to care for a variety of surfaces including carpeted, hardwood, vinyl and tile

- 1.1 Vacuum, scrub, dust mop and wet mop various surfaces

- 1.2 Vacuum carpeted surfaces
- 1.3 Strip wax and clean hardwood, vinyl and tile surfaces
- 1.4 Operate a floor buffer
- 1.5 Identify types of surfaces and care needed for proper maintenance
- 1.6 Demonstrate ability to read and comprehend instructions

BLMT 2.0 — Perform proper carpet vacuuming, shampooing, water extraction and stain removal

- 2.1 Vacuum carpeted area
- 2.2 Bonnet clean carpeted area
- 2.3 Shampoo carpeted area by rotary floor machine or dry foam
- 2.4 Perform hot water extraction on carpeted area
- 2.5 Remove stains or spots from carpeted area
- 2.6 Define carpet terms

BLMT 3.0 — Implement knowledge of custodial chemical measuring, mixing and safety

- 3.1 Implement steps and procedures to measure and mix chemicals
- 3.2 Demonstrate knowledge of custodial chemical terminology
- 3.3 Indicate knowledge and use of Material Safety Data Sheets (MSDS)

BLMT 4.0 — Demonstrate knowledge and use of safety practices in custodial applications

- 4.1 Demonstrate knowledge of safe work practices in custodial services
- 4.2 Demonstrate knowledge and practice of safety in use and handling of electrical equipment
- 4.3 Demonstrate knowledge and use of safety practices when using ladders
- 4.4 Demonstrate knowledge and use of safety practices in the measuring and mixing of chemicals
- 4.5 Indicate knowledge of color codes used in custodial cleaning equipment

BLMT 5.0 — Clean offices and classrooms to make the rooms hygienic and attractive

- 5.1 Apply knowledge and procedures in cleaning office spaces and classrooms
- 5.2 Apply knowledge and use of tools, methods, supplies and equipment to

make the rooms clean, hygienic and attractive

BLMT 6.0 — Employ proper window maintenance techniques to wash and clean windows

- 6.1 Wash windows using correct tools, supplies and equipment
- 6.2 Clean blinds, shades and shutters of various types

BLMT 7.0 — Clean and maintain walls with a variety of surfaces including painted, tiled, papered and plastered

- 7.1 Clean various wall surfaces including painted, tiled, papered and plastered walls

BLMT 8.0 — Maintain restrooms using proper cleansing and disinfection techniques

- 8.1 Demonstrate steps and procedures to clean restrooms and showers
- 8.2 Clean toilet bowls, urinals and wash basins
- 8.3 Clean and disinfect restroom and shower ceilings, walls and floors

BLMT 9.0 — Monitor general building maintenance, and provide additional cleaning and supply replenishment sources when needed

- 9.1 Dust and clean furnace filters
- 9.2 Dust and clean furniture and fixtures
- 9.3 Fill dispensers such as soap, towels or paper
- 9.4 Clean chalk boards
- 9.5 Identify tools and materials used in custodial services
- 9.6 Clean and disinfect kitchens, bath, toilet and other public facilities
- 9.7 Properly collect and dispose of various forms of trash

BLMT 10.0 — Apply general maintenance/repairs to plumbing fixtures, i.e. disassemble sink P-trap, clean way obstruction, reassemble/test for proper operation.

- 10.1 Apply knowledge and experience to check a P-trap for clog
- 10.2 Apply knowledge and experience to clean a clogged P-trap
- 10.3 Demonstrate knowledge and experience to choose the correct valve cartridge or seat

- 10.4 Demonstrate steps and procedures to replace valve cartridge or seat

BLMT 11.0 — Apply general maintenance/repairs to electrical fixtures, i.e. disassemble receptacle and switch, install correct receptacle and switch, test for proper operation.

- 11.1 Demonstrate knowledge and experience to choose the correct switch
- 11.2 Demonstrate knowledge and experience to choose the correct receptacle
- 11.3 Apply knowledge and experience to install the correct switch
- 11.4 Apply knowledge and experience to install the correct receptacle

Committee Identified Academic Skills

The technical committee has identified that the following academic skills are embedded in this contest.

Math Skills

- Use fractions to solve practical problems
- Use proportions and ratios to solve practical problems
- Solve practical problems involving percent's
- Solve single variable algebraic expressions
- Solve multiple variable algebraic expressions
- Solve problems using proportions, formulas and functions

Science Skills

- Describe and recognize elements, compounds, mixtures, acids, bases and salts
- Describe and recognize solids, liquids and gases
- Describe characteristics of types of matter based on physical and chemical properties
- Use knowledge of physical properties (shape, density, solubility, odor, melting point, boiling point, color)
- Use knowledge of chemical properties (acidity, basicity, combustibility, reactivity)
- Describe and demonstrate simple compounds (formulas and the nature of bonding)
- Predict chemical changes to matter (types of reactions, reactants and products; and balanced equations)

Language Arts Skills

- Demonstrate comprehension of a variety of informational texts
- Use text structures to aid comprehension
- Demonstrate knowledge of appropriate reference materials
- Use print, electronic databases and online resources to access information in books and articles

Connections to National Standards

State-level academic curriculum specialists identified the following connections to national academic standards.

Math Standards

- Numbers and operations
- Geometry
- Measurement
- Data analysis and probability
- Problem solving
- Communication
- Connections
- Representation

Source: NCTM Principles and Standards for School Mathematics. For more information, visit: <http://www.nctm.org>.

Science Standards

- Understands the structure and properties of matter
- Understands the sources and properties of energy
- Understands forces and motion

Source: McREL compendium of national science standards. To view and search the compendium, visit: www2.mcrel.org/compendium/browse.asp.

Language Arts Standards

- Students apply a wide range of strategies to comprehend, interpret, evaluate and appreciate texts. They draw on their prior experience, their interactions with other readers and writers, their knowledge of word meaning and of other texts, their word identification strategies and their understanding of textual features (e.g., sound-letter correspondence, sentence structure, context, graphics)

- Students adjust their use of spoken, written and visual language (e.g., conventions, style, vocabulary) to communicate effectively with a variety of audiences and for different purposes
- Students use a variety of technological and information resources (e.g., libraries, databases, computer networks, video) to gather and synthesize information and to create and communicate knowledge
- Students use spoken, written and visual language to accomplish their own purposes (e.g., for learning, enjoyment, persuasion, and the exchange of information)

Source: IRA/NCTE Standards for the English Language Arts.
To view the standards, visit: www.ncte.org/standards.