

SkillsUSA 2015 Contest Projects

Nail Care

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2015 SKILLSUSA-NAIL CARE CONTEST

To align the contest within industry practice, we have gone away from wraps and replaced that application with light-cured gels.

Contestants should come prepared to do the following:

1. A 3-5 minute mock nail care consultation on the benefits of natural nail care. Props may be used. The presentation should include the following points: 1) Recommended natural nail care services; 2) Results the client should expect; 3) The home care products the client would need to purchase and use to obtain these results.
2. A basic pedicure on one foot of their model. Procedures should include, but not limited to clipping & shaping toenails, pushing back cuticles, cleaning under toenails, refining skin and polishing
3. All five fingers of the model's right hand are to be sculpted with acrylic using forms, no tips, in a two-tone/French-manicure (pink & white) technique. 2 or more colors of acrylic may be used.
4. All five fingers of the model's left hand are to have nail tips applied and overlaid with a light-cured gel. Any type of tip may be used. For the 2013 contest, the contestants will be judged, however no scores will be included in the final tally.
5. A 50 question, multiple choice exam on all aspects of nail care.
6. Two coats of Dark Red Crème Lacquer/Polish is to be applied to the model's right hand
7. Nail art is to be applied to all 5 fingers of the model's left hand. A specific theme is to be carried through on all 5 fingers and in a written description. Contestant must have written and submitted a description of the theme they intend to create at contest check in. Themes should be typewritten, may be decorated and must be contained in the plastic sleeve. Diagrams of the art you intend to create can be used, however, are limited to the finished product and may not be step by step instructions. Once all judging is complete, props may be used to enhance art during the parade of models. All nail art must be created using polishes, lacquers and/or paint Only!

Time limits: three to five minutes for oral presentation, one hour for pedicure, one hour for acrylic, one hour for tips and light-cured gel, 30 minutes for written examination, and 90 minutes for polish and flat nail art applications. All segments of work must be completed in the specified time during competition. (For example, during the tip and light-cured gel segment, no work may be completed or started on the acrylic sculptured, nail art or polish application.)

CONTEST INSTRUCTIONS / SCHEDULE

Wednesday, June 24, 2015

8:00 am –1:00 pm: Secondary Contestants w/ Models

8:00 – 8:30: Check in & set up for Pedicure (turn in CD, Resume and/or Art Theme)

8:30 – 8:45: Prejudging of Models

8:45 – 9:45: Perform Pedicure

9:45 – 10:15: Judging of Pedicures

10:15 – 1:00 Oral Presentations

1:00 pm –5:00 pm: Post-Secondary Contestants w/ Models

1:00 – 1:30: Check in & set up for Pedicure (turn in CD, Resume and/or Art Theme)

1:30 – 1:45: Prejudging of Models

1:45 – 2:45: Perform Pedicure

2:45 – 3:15: Judging of Pedicures

3:15 – 5:00 Oral Presentations

Pedicures

Contestants will set up for and perform a basic pedicure on one foot of their model. Procedures should include, but not limited to clipping & shaping toenails, pushing back cuticles, cleaning under toenails, refining skin and polishing. Based on industry standards, the following will be evaluated:

- Safe & sanitary procedures and handling of the foot
- End result: Toenail length & shape, polish application, skin quality & appearance and cuticle involvement

Oral Professional Development Assessment

Contestants will have 3-4 minutes to do a mock consultation on the benefits of Natural Nail Care. You can direct your presentation to the judges as if they were a client who came to you for a consultation. Props may be used. The presentation should cover the following points:

- Recommended natural nail care services.
- Results the client should expect.
- The home care products the client would need to purchase and use to obtain these results.

Thursday, June 25, 2015

8:00-9:00 am: Contestant & Model Check In

If you haven't previously turned in your CD, Resume and/or Art Theme, you must at this time. Once checked in, you will be escorted to your seat and begin set up for the acrylic application ONLY. At this time the Committee will be conducting a kit check to make sure that you have all proper items. All cell phones must be turned off at this time.

8:30 am: Bathroom Break for Contestants ONLY

You may wash hands, fill water bottles, etc. at this time. There will be antibacterial soap at you station for your use. Prejudging of models will take place at this time.

9:00-10:00 am: Acrylic Nail Application

1 hour allotted – All five fingers of the model's right hand are to be sculpted with forms, no tips, using the two-tone/French-manicure technique. Based on salon quality nails, the following will be evaluated:

- Acrylic Application: product control, clarity/no bubbles, smile line, c-curve, arch, thinness and continuity.
- Finished Appearance: smoothness, shape & length consistent finger to finger and proportionate to hand, high-gloss shine and cuticle involvement.

10:00-10:15 am: Reset Station

Contestant will clean up from Acrylic Application and set up for Tip and Gel Application.

10:15-11:15 am: Nail Tip & Gel Application

1 hour allotted – All five fingers of the model's left hand are to have nail tips applied and overlaid with a light-cured gel system. Based on salon quality nails, the following will be evaluated:

- Tip Application: fit and alignment.
- Gel Application: product control, clarity/no bubbles, c-curve, arch, thinness and continuity.
- Finished Appearance: clarity, smoothness, shape & length consistent finger to finger and proportionate to hand, high-gloss shine and cuticle involvement.

11:30-12:00 pm: Judging of Acrylic and Tip & Gel & Contestant Break

12:15-12:45 pm: Written Examination & Model Break

Test will consist of 50 multiple-choice questions covering aspects of nail care not physically evaluated during the contest. Those subjects include but not limited to sanitation and disinfection, pedicures and light-cured gels.

1:00-2:30 pm: Nail Art & Polish Application

1.5 hours Allotted for Lacquer & Nail Art Application

Two coats of Dark Red Crème Lacquer/Polish is to be applied to the model's right hand. The following will be evaluated:

- Neatness, coverage, evenness and cuticle involvement.

Nail art is to be applied to all 5 fingers of the model's left hand. A specific theme is to be carried through on all 5 fingers and in a written description. Contestant must have written and submitted a description of the theme they intend to create at contest check in. Themes should be typewritten, may be decorated and must be contained in the plastic sleeve. Diagrams of the art you intend to create can be used, however, are limited to the finished product and may not be step by step instructions. Once all judging is complete, props may be used to enhance art during the parade of models. All nail art must be created using polishes, lacquers and/or paint Only! The following will be evaluated:

- Creativity; theme, follow through of theme, artist expression, and color coordination.
- Level of Difficulty; complexity of design.
- Precision; neatness and clarity of lines.

2:45-3:15 pm: Judging of Wearable Nail Art & Polish

3:30 pm: Parade of Models

Once parade has concluded, make sure to finish cleaning up your contest area and turn in your evaluation of the contest.

4:00 pm: Contest Debriefing at Contest Site

Immediately Following Contest, we will have a debriefing in the contest area.

SPECIAL INSTRUCTIONS (INCLUDING GUIDELINES)

1. All contestants must bring a model for the competition.
2. Contestants are not permitted to touch their models before the competition begins or between segments.
3. Conversation between contestant & model is limited. The only conversation allowed is if the contestant needs to ask the model to reposition her hand or arm. Communication with observers, judges and other contestants is prohibited during the contest. If you have a question, raise your hand and a committee member will help you.
4. Time limits: 1 hour for pedicure, 1 hour for acrylic, 1 hour for tips and wrap, .5 hours for written examination and 1.5 hours for polish and flat nail art applications. All segments of work must be completed in the specified time during competition. (i.e., during the tip and wrap segment, no work may be completed or started on the sculptured, nail art or polish application.)
5. No eating, drinking, smoking or gum chewing is allowed during the competition. Lunch will be provided for contestant and model.
6. All contestants and models must be escorted to the bathroom by a Technical or Educational Committee member. Bathroom breaks will take place after judging segments.
7. Penalty points may be taken for the following:
 - a) Any rule not followed with NO exceptions!
 - b) Leaving competition area before completion of model (applies to both contestant and model) without proper escort.
 - c) Unauthorized use of a product that is not allowed or that doesn't appear in the listing or use of any product that appears to have been altered.
8. Each Contestant must turn in a digital photo on a CD of the art they will be creating, a written description of their nail art and a resume. All three items must be turned in by 9:00 am on Thursday.

SAMPLE DONOR THANK YOU

(Date)

Dear Industry Sponsor,

My name is (Insert Name) and I attend (insert school name). I was fortunate to compete at SkillsUSA National Championships in the Nail Care contest.

I would like to thank you for your generous gifts and support. Your commitment to helping SkillsUSA is sincerely appreciated. Words could never tell you what your donations and support to the Nail competition has meant to me. Your company has truly enriched me through your kindness and generosity.

I look forward to using your products.

With sincere appreciation,

(Sign Your Name)

SAMPLE VOLUNTEER THANK YOU

(Date)

Dear SkillsUSA Volunteer,

My Name is (Insert Name) and I attend (Insert School Name). I was fortunate to compete at this year's SkillsUSA National Championships in the Nail Care contest.

Words could never tell you what your time and support has meant to me. It is people like you that make this contest possible. You are a great example of commitment to one's industry. Thank you for all you do for me and my fellow students. Your commitment to helping SkillsUSA is sincerely appreciated.

I look forward to a rewarding career in the beauty industry.

With sincere appreciation,

(Sign Your Name)

SKILLSUSA CHAMPIONSHIPS NAIL CARE CONTEST EVALUATION

What did you like about the Nail Care Contest?

What would you change about the Nail Care Contest?

Additional Comments.

OVERALL RATING OF CONTEST

Excellent Very Good Good Fair Poor